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# A F T E R C A R E

## P L A S M A F I B R O B L A S T

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5-12 DAYS HEALING TIME

AVOID PICKING, PLUCKING OR RUBBING  
THE TREATED AREA

WE RECOMMEND DRY HEALING SO IT IS  
IMPORTANT NOT TO GET THE AREA WET

ONCE THE DOTS HAVE HEALED, USE A  
HIGH-FACTOR SUN-CREAM ON THE  
TREATED AREA

PLEASE ALLOW AT LEAST 6 WEEKS UNTIL  
YOUR NEXT SESSION

**FOR 12 HOURS AFTER TREATMENT**  
NO MAKEUP

**FOR 48 HOURS AFTER TREATMENT**  
NO SAUNA  
NO SUNBEDS  
NO SUN EXPOSURE  
NO BOTULINUM TOXIN, COLLAGEN  
INJECTIONS OR DERMAL FILLERS

**FOR 1 WEEK AFTER TREATMENT**  
NO SWIMMING  
DO NOT USE ANTI-AGING CREAMS  
DO NOT USE AHA'S, GLYCOLIC OR RETINOL  
DO NOT USE EXFOLIATING PRODUCTS

NOTE THAT AFTER THE CRUSTS FALL OFF, A SLIGHT REDNESS MAY REMAIN  
IN THE FOLLOWING WEEKS TO MONTHS. IT USUALLY TAKES 4-6 WEEKS  
(SOMETIMES LONGER) UNTIL THE SKIN HAS REACHED ITS NORMAL  
COLOUR AGAIN